

**Last in series  
for Soldiers  
'Heading home'**

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**Fit to be tied:  
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in Grafenwoehr**

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**Happy  
birthday  
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# TRAINING TIMES

Vol. 26 No. 13

Serving the 100th Area Support Group communities of Grafenwoehr, Hohenfels and Vilseck

July 5, 2005

## Jung to pass 100th's helm

### USAG—GRAFENWOEHR PUBLIC AFFAIRS

Col. Richard Jung will relinquish command of the 100th Area Support Group to Col. Brian Boyle during a ceremony July 6, 10:30 a.m., on the parade field in Grafenwoehr.

Commander of the 100th ASG since June 11, 2002, Jung also absorbed the 409th Base Support Battalion when it was inactivated May 18. He and his wife, Rita, are moving to Valencia, Spain, where Jung will be the operations officer.

His successor was born in 1961 at Fort Jackson, S.C. Boyle was graduated from the U.S. Military Academy at West Point, N.Y., in 1983 and commissioned in the field artillery branch. After the basic officer course, he was assigned to 2nd Battalion, 29th Field Artillery, at Mannheim and Baumholder, Germany, where he served as company fire-support officer, battery fire-direction officer and battery executive officer.

Upon his return to the United States, Boyle attended the field artillery advance course. Assigned to the 101st Airborne Division (Air Assault) for almost six years, he was the division, plans and operations officer for 1st Battalion, 320th Field Artillery, and later battalion fire-support officer for 3rd Battalion, 327th Infantry. He also served as commander of Battery C, 5-8 Field Artillery, a 155-mm towed artillery battery, for 23 months. His first eight months of battery command were spent in Operations Desert Shield and Desert Storm.

Boyle attended the Canadian Land Forces Command and Staff College in 1993 and afterward the U.S. Army Command and General Staff College. In June 1994, he was assigned to III Corps at Fort Hood, Texas, where he served on the corps plans team. His next assignment was brigade fire-support officer for 1st Brigade, 2nd Armored Division, the Army's advanced war-fighting experimental unit designed to test digitization principles. After serving as a battalion executive officer for 4th Battalion, 42nd Field Artillery, he attended the Armed Forces Staff College and returned to Europe for duty at the Allied Rapid Reaction Corps in Moenchengladbach, Germany. Assigned to the fire-coordination cell, he served in Kosovo as part of the initial entry force.

In April 2000, Boyle took command of 1st Battalion, 30th Field Artillery, at Fort Sill, Okla. He became a division chief in the Unit of Action Maneuver Battle Lab, Fort Knox, Ky., after 25 months, and then worked for the commandant of the Field Artillery School on the Army's objective or

See Boyle, page 3



Photo by Cara Matlock

### Esprit de corps

The *Heeresmusikcorps 4*, a marching band from Regensburg, leads a parade of German and American military commanders and other dignitaries, as well as local citizens who took the opportunity of touring the Grafenwoehr water tower, before sitting down to a concert in its shade June 30.



## Q&amp;A

The annual blockbuster season begins when 'War of the Worlds' opens this month. Its junket made 'Training Times' wonder, "Would you like to be famous?"



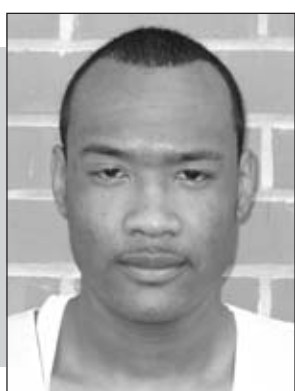
**John Burrell**  
"No, there is too much drama to it."



**Derrick Jones**  
"I want my name to be a household word to show people that if you believe in yourself, you can do anything."



**Michael Kline**  
"When you are famous, you can help people out and give back to them."



**Quentin Fowler**  
"Ever since I was a little boy, I had skills in basketball. I don't want to let my talent go to waste and not share it with other up-and-coming athletes."



**Skye Brown**  
"The thrill of achievement, of accomplishing something for others to see, is worthwhile."

Interviews and photos by Kathy Jordan

# Playground testing turns up lead paint

BY CURTIS CLARK  
100TH ASG DEPUTY COMMANDER

You may have noticed some playground equipment disappearing from your neighborhood at the beginning of summer – just as your children got plenty of time to play on it.

During random testing in June, environmental officials at the 100th Area Support Group Directorate of Public Works, in coordination with the U.S. Army Center for Health Promotion and Preventive Medicine Europe, discovered that some parts of a few pieces had been covered with lead-based paint. Those that tested positive for lead (three in Vilseck and seven in Grafenwoehr) either have been or very soon will be removed to ensure our children's safety. The supplier of this equipment has been very cooperative and arranged to remove it immediately after hearing of the problem. We are working with him to replace these pieces with lead-free ones as soon as possible.

As an additional precaution, the ASG is gathering samples from all playground equipment in the on-post communities of Grafenwoehr, Vilseck and Hohenfels and will begin collection in the build-to-lease housing areas next week. Results of the lead analysis will be

available by the end of the month. We will remove and replace any equipment that tests positive, but in the meantime, we ask that you keep your children from playing on the pieces beside the Grafenwoehr Girl Scout Hut, building 122, until they can be picked up. The paint on this equipment has been found to contain lead, and although we are posting notices on it, we know that children sometimes ignore signs.

Exposure to sunlight, heat, moisture, and normal wear and tear can cause any paint to deteriorate into chips and dust, but when these fragments contain lead, they are potentially hazardous if ingested or inhaled by small children, especially those 6 years old or younger. The majority of the playground equipment in our communities is not painted at all but coated with plastic, which does not contain lead. The painted equipment is, for the most part, in good condition; its paint is intact and, therefore, poses a negligible health hazard to our children. Nevertheless, we will test all equipment and replace any

shown to be covered in lead-based paint.

According to the Consumer Product Safety Commission, the effects of lead ingestion in children under 6 include behavioral problems, learning disabilities, loss of hearing and growth retardation. If you are concerned that your children may have ingested lead, contact the health clinic in Grafenwoehr, Vilseck or Hohenfels to have them checked. A simple blood test will provide results within two weeks.

Basic good hygiene is the best preventive for possible exposure to lead. Wash children's hands when they return from the playground, especially before they eat, nap or go to bed.

If you have questions about the sampling, please call John Svalina of the USACHPPM-EUR Industrial Hygiene office at 475-7058. To find out more about the health risks of lead, contact the community health nurse at your local clinic or come to the next 100th ASG town hall meeting, July 20, 6 p.m., at the Vilseck chapel (see page 4).

*Basic good hygiene is the best preventive for possible exposure to lead.*

## HISSES

Hurrah to the nice man who gave me \$1.35 at the Grafenwoehr Commissary last week. The store's debit-credit card machine was down – as usual (hiss to that!) – and I was a little short. I was going to go to the ATM, but he insisted on making up the difference. Sorry that I didn't get his name, but maybe he'll see this. Thank you very much for helping out a woman in distress.

Helen Pender  
Grafenwoehr

Hurrah to the Grafenwoehr Library for its great Books for Troops program that sends used paperbacks to Soldiers down-range. Please donate all your

## AND HURRAHS

unwanted books (especially children's), plus CDs, videos and DVDs, to your local library. Even if they don't have this program, they'll add them to their collection for other patrons to enjoy.

Margot Smith  
Grafenwoehr

Hiss to the gray-haired, bearded driver of the silver car who almost killed me as I walked through the crosswalk at the intersection of Gettysburg Avenue and Wilbur Road on Grafenwoehr. I am used to people who don't stop, so I always look both ways first, but this guy came out of nowhere! I wish I had copied down his license plate number to report him,

but I couldn't see it, because my life was flashing before my eyes. Pedestrians have the right-of-way, but if you refuse to yield it, at least slow down, so we'll have more time to get out of your way.

Heidi Tickle  
Vilseck

+++++

Submissions to *Hisses and Hurrahs* should be sent via e-mail to the editor at cara.matlock@graf.eur.army.mil, or faxed to 475-7935. Please include a brief description of the episode, along with your name and community, a telephone number or e-mail address, and the name of the person you deem worthy of mention, if known. Identities of those to be censured or criticized should not be revealed: We wish to invoke only private shame, not public stonings.

## Training Times

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## In brief

### THREATCON: DELTA

A mass-casualty exercise will raise Grafenwoehr's force-protection condition level to "delta" July 30, heightening searches at the gates, increasing ID checks in all facilities and resulting in a number of antiterrorism patrols.

Code-named Charging Boar, it was planned to prepare for the annual German-American Volksfest in August. Exercise participants will measure the time required to increase FPCON, after which emergency personnel will be called, including those from German communities. This training will show how quickly the post can activate its Crisis Management Action Team.

Those venturing onto Grafenwoehr should expect long lines and numerous delays.

### Change of command

Lt. Col. George Copeland, commander of 1st Battalion, 4th Infantry Regiment, will relinquish command to Lt. Col. Timothy Delass July 13, 2 p.m., at Warrior Parade Field. The public is invited.

Refreshments will be served afterward at a reception hosted by the incoming commander in the Warrior Dining Facility.

## Funds to benefit families, youths

### IMA-EUROPE PAO

Those who contributed to the Combined Federal Campaign—Overseas in spring should see a return on their money in the months to come.

The Installation Management Agency—Europe received \$96,039 for Family Support and Youth Programs June 15.

Russell Hall, IMA-E director, accepted a check from Renee Acosta, president and CEO of Global Impact, the Department of Defense CFC—O manager.

FYSP is one option for campaign donors who prefer to channel all of their contribution into local communities. These funds are redistributed to the installation of origin, where they are used to support quality-of-life programs.

Last year, CFC—O donations in the European theater totaled \$2,697,490, of which \$96,860.46 was returned to communities for FSYP. These funds went to the Community Youth Program, which includes Child and Youth Services Liaison Education and Outreach, Child Development Centers, Family Child Care, School Age Services, partnerships with 4-H and Boys & Girls Clubs of America, and dependents' education.

This year, CFC—O amassed \$3,329,577 overall.

Each community will determine how to spend its windfall.

# DoDDS teacher deemed Bavaria's best

BY ALICE ADLER

TRAINING TIMES STAFF

Shawn Rodman, special-education teacher at Hohenfels High School, has been named Teacher of the Year for the Department of Defense Dependents Schools Bavaria district.

After being nominated for the award, Rodman submitted an essay and sat for an interview. As the regional representative, Rodman was automatically nominated for the national Teacher of the Year award, and in November, he will attend a conference of fellow selectees in Washington, D.C.

"Shawn is a man of great character, and he practices what he preaches," said Edwin

Atterberry, executive officer for DoDDS—Bavaria. "He's a great role model for our students."

A native of Salt Lake City, Rodman arrived in 1998. Since then, he has worked with seventh-through 12th-graders who have a variety of learning disabilities, splitting his time between helping students in his own classroom and attending regular classes with them as they adjust to the less-sheltered environment.

Having different students and shuffling between subjects, he said, was enjoyable to him.

"I have the freedom to help any kid who's struggling," he pointed out. "I can help in many areas. My door is open for pretty much any

kid who needs help here."

Rodman has always worked with troubled teens. His first teaching job was with the Youth in Custody program at Central High School in Salt Lake City, and he taught at the Decker Lake Juvenile Correctional Facility there for 10 years before moving to Europe.

Rodman said he found such work very rewarding, adding that for him, victory meant a youth's no longer needing his aid.

"My goal for every student that I have is to get them out, get them so they can function independently," he said.

Maureen Belanger, HHS principal, called Rodman "a wonderful representative of teachers.

"This is a guy that is 100-percent focused on kids in the school and really delivering quality education to them and helping them blossom," she said.

In Hohenfels, Rodman has also chaired the Case Study Committee, sat on the School Improvement Process Committee, served as athletic director, and coached basketball, football, and soccer.

He holds a bachelor of science in psychology from the University of Utah and a master's in special education from Utah State University.

Rodman has three children — Meggie, 11; Ian, 7; and Aedan, 8 months — with his wife, Jody.

# Army going Greener under EMS

BY KATHY JORDAN

TRAINING TIMES STAFF

In its efforts to reduce waste, clean up the environment and cut operating costs, the 100th Area Support Group has enacted the Army-wide Environmental Management System. Directorate of Public Works environmental offices in Grafenwoehr and Hohenfels are spearheading a campaign to increase awareness of the program and, more importantly, educate all community members — not just Soldiers and civilian employees — in sound conservation practices.

"One goal of EMS is for every individual ... to understand how they affect the environment and to make them aware of the importance of doing their job in a way that minimizes or prevents adverse impacts on the environment," said Manfred Rieck, EMS coordinator and chief of environmental management for the 100th ASG.

"The Army ... wants to follow an international standard, just as many companies do," Caecilia Meier, environmental protection specialist in Grafenwoehr, said. "The Army wants to show the public it cares about the environment."

Enter URS Corporation, a global engineering firm hired by the U.S. government to make the Army, the Navy and other federal organizations more Green. In Germany, Thorsten Roesner serves as a support contractor for the company.



Photo by Cara Matlock

**Ashley Cortez (left) and Kayla Colón, students at Vilseck American Middle High School, stop to pick up a bit of litter they spied near the U.S. Army Garrison—Grafenwoehr Public Affairs Office, where they are employed as summer hires.**

His job is to persuade people of the program's benefits, a topic on which he was eager to expound.

"Implementation of EMS means not only reducing the risk of environmental damages but also bringing down costs," Roesner said.

Saving energy, he continued, is one way that servicemembers and their families can make a real difference daily.

"A lot of people drive from one AAFES facility to another, which could be only 200 meters apart," he pointed out. "A lot of people don't know that driving with a car has an impact, other than having to pay for the fuel bill. It does have an impact. There are air

emissions, and these emissions don't stop at the community boundary; they affect us globally."

Taking a few simple steps, he said, can yield significant improvements.

"People need to understand how their activities impact the environment," Roesner explained. "It starts in the household: You can minimize the use of water, electricity, heating ... because the bills are paid by the installation. If you look at the cost that is annually paid for heating ... it is tremendous. If you could bring it down by 2 or 3 percent ... you could save thousands of dollars."

Meier stressed that the advan-

tages to increased awareness went beyond monetary gain.

"A healthy environment is a good basis for a healthy life — for people and for children," she said. "We want people to be aware that it is important to protect the environment. You can walk instead of riding in a car, turn off lights and turn down the heating in winter. Go out in nature and see how pretty it is. You will see how worthwhile it is, protecting it and the environment."

She added that, from a medical standpoint, "We pollute the air we breathe, and our children have allergies and other problems."

Meier also urged residents to take an extra step and pick up pieces of trash whenever they spotted them littering their community.

Other tips included setting refrigerators to a minimum temperature, ensuring appliances were off when not in use, turning off the engine when parked or stuck in a traffic jam, performing oil changes in designated areas, returning or giving away unused cleaning supplies (rather than pouring them down the drain) and, of course, recycling.

According to Meier, such lifestyle changes will have an immediate effect. Furthermore, those who have children will propagate their actions, imparting the lesson that caring for the environment should be part of everyday life.

## Boyle

Continued from page 1

future force.

Next he attended the Army War College, but before completing it, Boyle was sent to Iraq where, as division chief of the force-targeting cell, he helped to

establish the Multi-National Force, Iraq headquarters.

Boyle also holds a master's degree in administration from Central Michigan University.

His awards and decorations

include Airborne and Air Assault badges, the Bronze Star Medal, the Defense Meritorious Service Medal, the Meritorious Service Medal, the NATO Medal, the Kosovo Campaign Medal, the

Iraqi Campaign Medal, and Liberation of Kuwait medals from Saudi Arabia and Kuwait.

He and his wife, Jean, have been married 13 years. They have two sons: Sean, 8, and Michael, 5.





Photo by Kathy Jordan

Dan Meyers shares his message at the Vilseck chapel June 11.

## Christian musician performs in Vilseck

BY KATHY JORDAN  
TRAINING TIMES STAFF

Dan Meyers, a Christian singer, songwriter, guitarist and recording artist, visited Vilseck June 11 to give a concert at the chapel. His audience was relatively small – an all-male congregational meeting – but Meyers said that, whether performing for five people or 60, “I give the same passion to the music, regardless of the crowd.”

Familiarity with the military and an empathy with Soldiers and their families have helped Meyers spread his message to troops and those connected with them.

“I grew up in a military ministry,” he said. “I was familiar with the cadence ministry and the hospitality houses in England. ... Going to military school, I understood the needs of the military. I do this in the States on college campuses, at churches and retreats ... speaking, as well as doing music.”

For the past 10 years, he has striven to inspire others with his songs.

“I was at the Citadel military college in Charleston, S.C., pursuing an Air Force ... career,” Meyers recalled. “I started writing music ... cut my first album in 1995 and hit the road the week I graduated. Because of the response I got from the first album, I put together a tour that summer.”

With a third CD under his belt and a growing fan base, he said that he too had grown.

“There are people who still have their favorite song from that first

album, and that makes me shake my head,” he confessed. “The progression within it is that this last album that I did is the most honest musically, as well as lyrically. ... I went through these phases of really getting down to what my purpose is as a musician.”

After taking a year off to work with the recording industry in Nashville, Tenn., Meyers was inspired to start Pilgrim Road Ministries, a nonprofit organization that provides established religious organizations with resources for their communities, “but it is not just music,” he said. “I do a lot of teaching with it using stories and Scriptures.”

Meyers’ next project is *Acoustic Graffiti*, a compilation of favorites from his first decade, to be recorded live during a three-day session.

The Vilseck gig was part of Meyers’ fifth military tour in two and a half years and his first under contract for the Installation Management Agency – Europe.

“It is such a privilege at the end of the concert to thank everyone for their service, spouses to troops ...,” said Meyers. “People don’t understand ... the magnitude of what we have here in Europe: the service, the sacrifice, the separation, the hardship and difficulty. ... I have a chance to serve my country in a way that is not recognized in the same way a service-member would be recognized, but it is a privilege to share.”

### USAG–G PUBLIC AFFAIRS

The next town hall meeting is set for July 20, 6 p.m., in the Vilseck chapel.

Held quarterly, the forum allows residents to express their concerns to a panel of community leaders and representatives from various agencies.

According to Col. Richard Jung, 100th Area Support Group commander, any questions that cannot be answered immediately are considered “open issues,” and directorates should respond to these within 14 days.

During the last meeting, April 18 at Grafenwoehr Elementary School, for instance, a resident of Kaltenbrunn housing area expressed concern that the fence in her backyard was dangerous and dilapidated. She also asked who was responsible for mowing the lawn.

Staff from housing in Vilseck and the Installation Management Agency–Europe Real Estate office inspected the site April 27 and found that the grass and one portion of the fence were the responsibility of the build-to-lease

owner. The *Hausmeister* was to take care of the former, and the administration company would repair the latter.

Another broken fence, this one privately owned, was to be replaced by the Directorate of Public Works.

Other questions posed were answered on the spot.

A Soldier asked why the hours of operation for the Grafenwoehr Shoppette had been changed when it moved to its new location April 1.

“AAFES will have to reconsider the new hours for the Shoppette,” replied Matt Mennona, general manager of the Army and Air Force Exchange Service consolidated exchange. “The decision to adjust the hours was based on PLDC [Primary Leadership Development Class] moving and the facility therefore losing a large amount of its customers. AAFES will conduct an assessment to determine if there will be enough customers to justify increasing the hours again.”

Another resident of Grafenwoehr wondered why the

speed bumps in the housing area near the Tower View Restaurant had been removed.

Marge Stewart of DPW explained that the obstacles in question had been made of rubber.

“They were only supposed to be there temporarily and wore out,” she said. Permanent bumps were scheduled to be laid.

Among other questions posed was whether the Cub Scouts’ log cabin would be torn down.

James Van Patten, also of DPW, responded that the building was being used for storage.

“Although there currently is not enough funding to renovate the log cabin, there are no plans to tear it down,” he said. “The Boy Scouts will be able to continue using it.”

Audre Binder, former deputy commander of the since-inactivated 409th Base Support Battalion, fielded an inquiry from a community member who had hoped to grill on her balcony, telling her that she would have to cook out elsewhere.

“It is against both installation policy and German law,” she said.

## Keep ID card safe, officials warn

BY ROBERT SZOSTEK  
USAREUR OPM PUBLIC AFFAIRS

Losing your ID card can diminish the security of your military community and make you vulnerable to scams or identity theft.

“An ID card is a very valuable document,” said Lt. Col. Carol McKinney, chief of law-enforcement operations at the U.S. Army Europe Office of the Provost Marshal, pointing out that it is also government property.

To keep your card safe, remember the following:

- When out of the house, have your ID with you at all times and never leave it in your car;
- Protect the card inside a wallet, a pouch or a case on a lanyard that goes around your neck, rather than just sticking it in your pocket;
- Always put your wallet or other holder in the same place when you are in the office or at home, so that you know where it is, and stick to that routine;
- Never surrender your card at a club or the gym — or to anyone

except law-enforcement officers and base security personnel; and

- Always go through your pockets before throwing clothes into the laundry basket; their contents might surprise you.

McKinney said that anyone who finds an ID should take it to the nearest military police station, and that the loss of a card should be reported to the local MPs immediately. She also offered a final piece of advice: “Treat your ID card as if it were a \$50 bill, and you will be less likely to lose it.”

## In brief

### Bid Hertlings goodbye

A farewell barbecue for Brig. Gen. Mark Hertling, commander of 7th Army Training Command, and his wife, Sue, is set for July 15, 5 to 7:30 p.m., at the *Kahrmuehle* Restaurant in Pressath.

The feast will feature steak, ribs, grilled fish, wild boar, hamburgers, bratwurst and an assortment of salads. The cost is 13 euros for adults and 7 euros for children under 10.

Tickets are available at the 7th ATC Protocol office. Phone 475-6221 for more information.

### Vendors sought

An indoor yard sale is set for July 23, 10 a.m. to 5 p.m., at

Langenbruck Center in Vilseck.

The cost to set up a table at the event is \$10.

To reserve, call 476-2360/2294.

### Postal praise?

Because the Global War on Terrorism and consequent long deployments have made U.S. Army Europe post offices much busier, they have been added to the list of facilities open to Interactive Customer Evaluation. Sponsored by the Department of Defense, ICE is a Web-based measure of satisfaction with products and services worldwide.

To offer your opinion, log on to <https://ice.disa.mil>. Click on “Europe” under “Army,” then the

name of the community where the APO is located. Finally, select “Communications” for a comment card. Those who wish to receive a personal response should include contact information.

### Closures, changes

- Base Operations customer service desks, vehicle inspection stations and maintenance operation facilities in Grafenwoehr, Vilseck and Hohenfels will be closed July 8 for their annual outing.
- Road work on Lexington Avenue in front of headquarters, building 621 in Grafenwoehr, has been rescheduled for July 11 to 14. Drivers will see increased construction traffic in the area.



# Heading home

One final flurry of tips on cars, pets, booking a room and coming clean

## Now more room at inn

BY MAJ. J. SCOTT GILLESPIE  
USAG-G PLANS AND OPERATIONS

The Kristall Inn in Vilseck gives priority to troops and their families in the midst of permanent changes of station. Those moving should place their reservations with the desk as soon as possible.

After making an appointment with transportation and getting a pickup date for household goods, a Soldier may request temporary living allowance to pay for the lodging and reserve a room.

Soldiers who stay on post, as opposed to at a local *Gasthaus*, will not be charged; paperwork will be sent to the housing office for payment. The authorized length of stay is three days after vacating government or government-leased quarters and 10 days upon termination of a private rental contract.

Call the Kristall Inn at 476-1700 or visit [kristallinn@graf.eur.army.mil](mailto:kristallinn@graf.eur.army.mil).

## Fully loaded: seaworthy vehicles

### GRAFENWOEHR LAW CENTER

It's a long trip from Europe to America — especially by automobile.

Anyone who ships a vehicle to the United States should be aware that a number of people will have access to it at various times while it is being transported over land and sea. The Army Claims Service has therefore established rules for what may and may not be left inside cars during shipment.

### Good to go

Normal accessories, including jacks, tire irons and chains, fire extinguishers, pumps, first-aid kits, jumper cables and warning triangles, may be left in the car. Up to \$200 worth of tools for emergency repairs are allowed, but power tools must be shipped separately. One spare tire and two snow tires with wheels (mounted or unmounted) may remain inside as well.

Items that will make your trip to the pickup point more comfortable and convenient, such as luggage racks, thermos bottles, car cushions and bottle warmers, may be left inside.

Parents may also store cribs and child-restraint seats in the car.

Only stereo equipment that has been bolted to the vehicle is authorized. That which is merely attached on a sliding mount is not considered permanent, and the Army will not pay for loss of such audio components.

Everything that remains in the automobile should be clearly and specifically listed on DD Form 788, with a detailed description, including its condition.

### Leave it and drive on

Televisions, VCRs and CB radios — even if permanently mounted — are not authorized for shipment inside vehicles. These items must be removed and shipped with household goods.

Radar detectors, on the other hand, should not be shipped in your car or with your household goods, as the Army Claims regulation does not allow payment for lost or damaged ones.

Because cellular telephones, compact discs and audio cassettes left inside pose a substantial risk of theft, the Army will not compensate you for these items either.

Claims rules (and common sense) forbid shipping flammable or hazardous substances, including flares, waxes, solvents,

oils, polishes and cans with pressurized contents. The Department of Defense will not ship loose propane tanks, even those that have been purged of gas.

### Protect yourself

The Army can pay only \$20,000 for the total loss or destruction of an automobile during shipment.

For all the audio equipment within, including radios, CD or cassette players, speakers, amplifiers, equalizers, antennas, burglar alarm systems, and any attendant wiring, the maximum allowable under the claims regulation is \$750.

The Army will only pay up to \$200 for emergency tools in a car. Expensive custom accessories are not fully compensable.

With these limitations in mind, service-members should purchase additional insurance as necessary.

If your property suffers loss or damage that might be covered by the Army, contact the claims office at your new duty station promptly.

For more information, consult the PDF pamphlet *Shipping Your POV*, available online at [www.mtmc.army.mil](http://www.mtmc.army.mil).

## Safe passage for pets

BY MAJ. J. SCOTT GILLESPIE  
USAG-G PLANS AND OPERATIONS

To travel by air, all animals must have two copies of a health certificate fewer than nine days old at the time of their flight, proof of a current rabies vaccination given 30 or more days ago, two copies of orders (if applicable) to simplify customs clearance, and a complete address and phone number in America. Your veterinary treatment facility can assist you; call 476-2370 or 466-4560.

For those who cannot get an appointment at their vet clinic, the German veterinarians listed below can provide the necessary health certificate, and all speak English.

**Amberg:** Dr. Bernd Lukas, 09621-24848  
**Auerbach:** Dr. Dieter Graf, 09643-91151  
**Parsberg:** Dr. B. Seitz, 09492-1483  
**Pressath:** Dr. V. Baur-Schmelcher, 09644-300  
**Sulzbach-Rosenberg:** Dr. Hartmut

Burkhardt, 09661-810755

**Vilseck:** Dr. Josef Schmidt, 09662-8875

**Weiden:** Dr. Eduard Krinninger, 0961-31791, and Dr. Edeltraud Feneis, 0961-35355



In the June 21 issue, *Training Times* reported that some airlines would fly rabbits, 15 to a cage. According to a reader (and rabbit owner) who tried to make arrangements for her pet, however, neither Military Airlift Command nor any airline now accepts these animals. All must be sent via PetAir; call 069-690-71-915/916 to book your bunny.

**Spec. Johnnie Kelly, a veterinary technician in Hohenfels, examines a cat. Checkups are required to travel.**

File photo by Alice Adler



## Need more to make your move?

If you've missed an edition or want information about applying for a visa, obtaining your child's school records or out-processing from an Army Education Center, log on to [www.100asg.army.mil](http://www.100asg.army.mil) and click on "More" **Heading Home** under "Hot Topics."

## Getting Army-issue gear all squared away

BY MAJ. J. SCOTT GILLESPIE  
USAG-G PLANS AND OPERATIONS

The quartermaster laundry on Vilseck will clean certain items of TA-50 at no cost to Soldiers. The turnaround time is five business days, and the battalion S-4 must have on file your current paperwork and an updated signature card.

Organizational items accepted are aprons, barracks and flyers' bags, bedspreads, sleeping bags and cases, coats (dental, food-handler, men's WRC-OG and OPFOR),

coveralls, curtains or drapes, drawers, flags, frocks or smocks, helmet covers, field and NBC jackets, long johns, mattress pads and covers, parkas, pillowcases, sheets, shirts (Gortex, fire department and utility), trousers (dental, Gortex, field, food-handler, NBC, OPFOR and utility), undershirts, and woolen blankets.

Service is not available for body armor, flak vests, duffle bags, straps or rucksacks.

The facility is located in building 224. For more information, call 476-3026.





# Learning the ropes

When JROTC cadets converged on Grafenwoehr, they set their sights skyward

BY ALICE ADLER  
TRAINING TIMES STAFF

"You can do it!"  
"Great job!"  
"You've got it!"  
"Airborne!"  
JROTC students from all over Europe shouted encouragement to

one another June 22 as they navigated a ropes obstacle course, part of the annual Cadet Leadership Challenge in Grafenwoehr.

Members of Army, Navy and Air Force JROTC programs in Germany, England, Italy and Belgium, these 120 ninth- through 12th-graders gathered for 10 days of intense training in leadership and self-discipline, as well as a litany of physical rigors, June 19 to 29.

"This is an opportunity to use what they've learned," said retired Lt. Col. James Rush, camp commander.

"They get a chance to prove to themselves they can do something they never thought they could do."

During their stay, the youths practiced drills, canoed down a river, completed an obstacle course, honed their land-navigation skills, familiarized themselves with military vehicles, participated in sporting events, and showed their mettle in numerous inspections, tests and competitions.

"These kids are motivated," said retired Sgt. 1st Class Randy Dolph, an instructor at the camp. "They were a little scared the first night, but I've already seen a big difference since Sunday."

Fellow teacher Staff Sgt. Helen Anderson agreed. "The kids are up for the challenge, whatever that challenge is," she said. "They don't give up. They're scared to death, and they just keep on."

The ropes course was replete with opportunities to fly in the face of fear. On that bright warm day, 60 stu-

dents traveled by bus to a ropes course in the Bavarian countryside. After a safety briefing, they were strapped into climbing harnesses and fitted with helmets to tackle the mass of ropes before them.

The first trial required cadets to scale a 30-foot pole and teeter on its narrow tip. One by one, they struggled to reach the pinnacle, while the others watched from below, urging them on. As each reached the top and slowly rose to stand, arms outstretched, a cheer went up from those on the ground.

In an exercise that focused on cooperation, the youths worked together — physically and mentally — figuring out how to hoist team-mates over a high wooden wall, using only their strength and wits.

Then came the ropes course: a maze held aloft by wooden poles. Cadets climbed to the platforms and, with the aid of a partner, negotiated the series of tightropes, nets and outwardly flimsy bridges that swung freely against the sky. Many were intimidated and some unnerved, but they buoyed one another and reassured all who crossed that they could indeed walk a thread suspended 30 feet in the air.

Afterward, this final achievement was the most talked-about, and the youths unanimously named teamwork as the most important skill they had learned.

"Sometimes you think there is no way you can do that," reflected Ryan Matheson, a sophomore from Vilseck. "Then you complete the

task. Never say 'can't.' "

Shannon McLaughlin, also from Vilseck, said, "It makes me feel empowered, showing big guys that females can do the same things they do. I can push myself if I set my mind to it."

She was quick to note, however, that "it takes teamwork to get through everything."

"I know what I can do now," Joe Koning, a junior from Ramstein, concluded, "and what it takes to get others to do things."

Another junior, Reuben Merkes from Stuttgart, said, "It's pushing me out of my comfort zone."

Their instructors said they had been pleased with how their students had bonded.

"I'm seeing a lot of kids working together," said Sgt. Fredrick Monroe. "They come up with new ideas for things. They're pretty smart."

Rush estimated that 10 percent to 20 percent of the campers aspired to a career in one of the service branches. The rest join JROTC to be one of a driven group that teaches them to take charge.

"It's an opportunity to lead and be in a position of responsibility," Rush said. "They are building a foundation for themselves."

As a senior, Shannon, who hopes to join the military police or major in criminology at a university, felt that groundwork had been laid.

"This has prepared me for college or the military," she said.

Rush explained that the cadets' day on the ropes — and the camp as a whole — helped to build their characters and mold their futures. "We're getting them ready to be those great Americans we trained ... and motivated them to be."



Kristiscian Ramel of Hanau prepares to walk a tightrope.



A JROTC student balances on a 30-foot pole during the ropes course of the Cadet Leadership Challenge June 19 to 29 in Grafenwoehr.



Megan Murray of Ansbach (above) gets help surmounting a wall (right).



From top, a cadet clings to the netting high above the ground, while another starts off across a rope bridge, steered by peers' support.



Jehan Bostick of Hanau and Joshua LaGrone of Kaiserslautern (above) help each other with harnesses, while Robin DeGuzman of Aviano waits for the climbing to begin. At right, Brian Jansma of Grafenwoehr Outdoor Recreation briefs the campers on safety.





# Hohenfels NCO awarded doctoral degree

BY ALICE ADLER  
TRAINING TIMES STAFF

Every summer, the Army Education Center on Hohenfels holds a ceremony for those who have received college degrees during the past year. Far less frequently is one of the graduates a noncommissioned officer who has gotten a doctorate.

Having earned his Ph.D. in organizational leadership from the University of Oklahoma, Sgt. 1st Class Fernando Mateo was one of 34 honorees praised by Lt. Col. David Witty, 282nd Base Support Battalion commander, June 15. Before the assembly of family members and education center staff, Witty presented each graduate with a coin to mark the occasion and lauded all for successfully balancing their mission with a private life and academic achievement. He also noted that, although many signed up for courses, finishing an advanced degree took dedication.

Mateo typifies such steadfast pursuit of a goal. Born in Honduras, he immigrated to the United States and joined the military in 1984, despite speaking no English. With the help of a bilingual friend from Puerto Rico, he made it through basic training and eventually learned the language from friends, and, according to Mateo, television – “especially game shows.”

He became an American citizen in 1989 and began studying for his associate’s degree. Continuing his climb up the academic ladder, Mateo earned a bachelor’s and a master’s.

He worked toward his doctorate for more than five years, devoting three of those to his dissertation, *Perceptions of Ethics and Human Rights Among Latin American Leaders*. During this period, he deployed three times: to Bosnia, Kosovo and Macedonia. He always took his laptop computer, however, and continued writing downrange. “It’s a matter of commitment,” said Mateo,



Photo by Vernessa David-Brown

During the annual recognition ceremony at the Hohenfels Army Education Center June 15, Lt. Col. David Witty (front row, far left), 282nd Base Support Battalion commander, lauded 34 recent college graduates, including Ricky Alexander, Sean Bell, Norman Dick, David Brocious, Steven Fugate, Angela Gaytan, Fermin Gonzales, Christopher Green, Jason Jost, Alison Kempke, Kevin Leavitt, James Martinez, Fernando Mateo, Lola Scotland and Stephanie Smith.

adding that his family had encouraged him. “My wife really supported me a lot.”

Attached to Headquarters and Headquarters Company, Combat Maneuver Training Center, he also teaches Spanish for the University of Maryland University College.

Mateo’s time in the Army will be up next year, and he said he hoped to put his Ph.D. to good use, as an instructor in leadership and Spanish at the Marshall Center or the

U.S. Military Academy at West Point, N.Y.

He admitted to having sacrificed many evenings and weekends for his degree but urged Soldiers to take advantage of the educational opportunities the Army offered. “You can do it,” Mateo said. “Set your priorities.”

Other graduates recognized during the ceremony were Ricky Alexander, associate of arts in general studies, Troy University; Sean Bell, master of human relations, OU;

Norman Dick, bachelor of science in business administration, UMUC; David Brocious, associate of science in general studies, Central Texas College; Pauline Carmack, A.A. in general curriculum and B.S. of business administration, UMUC; Monica Chwojdak, A.A. in general curriculum, UMUC; Dean DeNoma, A.A. in business and management, UMUC; Melvin DeRosin, B.S. in psychology, UMUC; Mark Dotson, master of human relations, OU; Steven Fugate, A.A. in general curriculum, UMUC; Nicole Galusha, A.A. in general curriculum, UMUC; Angela Gaytan, B.S. in business administration, UMUC; Sandra Gillespie-Bernecker, bachelor of arts in business and management, UMUC; Fermin Gonzales, A.A. in general studies, Thomas Edison State College; Christopher Green, B.S. in human resource management, UMUC; Jason Jost, A.A. in general curriculum, UMUC; Alison Kempke, A.A. in general studies, Barton County Community College; Jacqueline Larkowich, master of human relations, OU; Kevin Leavitt, master of science in computer systems, UMUC; Russell Livingston, master of arts in economics; James Martinez, B.S. in management studies, UMUC; Daniel Matuskey, A.A. in general curriculum, UMUC; Teodora Mocanu, B.S. in management studies, UMUC; David Mulholland, master of human relations, OU; Patrick Peake, A.A. in general studies, American Military University; Darman Place, master of human relations, OU; Dexter Ransom, master of human relations, OU; Paul Schwarz, A.A. in general curriculum, UMUC; Lola Scotland, B.S. in psychology, UMUC; Stephanie Smith, A.A. in general curriculum, UMUC; Shawn Sudduth, B.A. in business and management, UMUC; Scott Whited, A.A. in computer studies, UMUC; and Archie Williams, master of education, Troy University.

## In brief

### Learn all summer long

The Department of Defense Education Activity has created a Web page where parents and students of all ages can find a variety of math- and science-related lessons, activities, games, puzzles and research aids.

Some of the featured links are sponsored by commercial organizations and include advertisements. Others might require users to register.

Log on to the site at [www.dodea.edu/instruction/curriculum/SummerLearning/Math.htm](http://www.dodea.edu/instruction/curriculum/SummerLearning/Math.htm).

### Get head start with Sure Start

Department of Defense Dependents Schools–Europe are accepting applications for Sure Start.

The preschool program is designed to prepare 4-year-olds for kindergarten the following year.

Pupils must be command-sponsored and have been born on or before Oct. 31, 2001. Children whose sponsor is in the rank of E-1 to E-4 or the civilian equivalent have first priority.

Applications are available at Hohenfels and Vilseck elementary schools. Call 476-2812 or 466-2829/2729.

## Art teacher brightens portals to learning

BY KATHY JORDAN  
TRAINING TIMES STAFF

Students at Vilseck American Middle High School will enter through doorways surrounded by colorful designs in the fall, thanks to art teacher Kevin Anglim and his students, who completed an outdoor mural in June.

“My mother said graffiti would never get me anywhere when I used to write in subway tunnels, but, hey, look where it got me now,” said Anglim of his finished work, a collaboration of at least 90 high-schoolers’ ideas.

“I did not design the mural,” he explained. “I basically measured the dimensions and gave a mock copy to the kids, and they drew ... different copies. I ... made two variations of all their ideas into one huge mural. The next day, I had them vote on which variation they liked better, and I tallied the votes.”

The result features American and German flags, the latter superimposed with the head of a falcon, the school mascot, emerging from flames.

“I try to take a tiny piece of all the best drawings and then make it into one big one,” said Anglim. “That way, they all have ownership of it. ... Those two choices I gave them, they did not accept; they

wanted one piece from one and one piece from another. I actually had to go back to the drawing board again and then make another variation.”

He is a dab hand at large-format art, however, having done other such pieces in the United States.

“I did a mural of three African masks with a red-black-and-green background my first year of teaching in the South Bronx that was 15 feet by 25 feet wide.”

He painted another for the Keith Haring Foundation. It comprised two wooden panels flanking the stage of a school in East Harlem, N.Y., where he taught for five years.

“I also did *Cows on Parade in New York*,” said Anglim. After he and his class submitted a winning template, they were invited to paint a life-sized cow “that was on display for two months in the summer of 2000 ... at the plaza next to the United Nations.”

He said that student involvement was the primary motivation for his most recent design, inspired by pride in the self as well as the institution.

“The flames were ... there to put the other schools’ ... names in flames – like they are burning up,” he began. “The falcon rises above them, because we are

the Vilseck Falcons. The flag was just an overall theme I saw on tons of the initial sketches, so I incorporated them on the back of the falcon ... and I used our school colors as a background.”

Anglim, who said he planned to stay in the community, hoped the mural would have a positive impact by improving the school environment.

“It helps the next year. ... The kids know where it came from and how it comes about. It also helps cut down on graffiti around the school because of the ownership and the work involved in the creative process.”

The project took more than two and a half months. It began in April, but Anglim said that rain had often deterred their efforts. “We could have finished it sooner, but the weather did not always cooperate with what we wanted to do.”

He said he was pleased with the outcome but looked forward to including a greater portion of the student body in the coming school year.

“I got some great input ... but because of the space allotment and the size of my class, I could not involve as many children as I would like to,” Anglim said.

“Next spring, I have to go bigger.”



## German culture 101

# 'Bundeswehr' hits half-century mark

BY MARTINA BIAS

SPECIAL TO TRAINING TIMES

The German army, or *Bundeswehr* (literally "federation defense") celebrated the 50th anniversary of its establishment in June.

Because of the country's militaristic history, its modern armed forces were not raised to conquer enemies or territory. Their main objectives are protecting the populace and assisting with humanitarian efforts around the world. For this reason, it is not an all-volunteer army, as in America, but based in large part on nine-month stints of mandatory service.

The first time a German boy hears from the *Bundeswehr* is about six months before he turns 18, when he will be scheduled for his *Musterung* (a military medical and psychological examination) to see whether he is *tauglich*, or "suitable," as opposed to being exempt for some reason. My brother was excused owing to a back ailment.

This assessment also determines for which area of service the prospective soldier is most qualified, taking into account personal interests and requests.

If a youth is in the middle of a professional apprenticeship or degree program, the *Musterung* will be deferred until he has completed this schooling.

During his compulsory period, each soldier is completely taken care of by the military. In addition to being provided with shelter, food, clothing, medical treatment and 19 days of paid vacation, he receives a monthly salary based on longevity; for the first three months, he will draw 222.30 euros every 30 days, but by his seventh month, that amount will have reached 268.50 euros. He may choose to extend his time in service, and his pay will increase accordingly, so that a soldier of 19 to 23 months can expect 675 euros every 30 days. The *Bundeswehr* also reimburses conscripts for travel expenses to the *Kaserne* and pays bonuses at Christmas. Upon leaving the



File photo by Paula Guzman

**Bundeswehr soldiers break to talk about training at an exercise in Grafenwoehr.**

military, each soldier will receive a separation allowance.

For the first three months, new soldiers undergo basic training to learn about their rights and duties, study politics, master a range of weapons, become physically fit, and learn first aid. At the end, they take an oath, declaring to serve their nation faithfully and defend the rights and freedom of its citizens with courage. Finally, they begin working in their given field at one of

392 *Kasernen*, 68 of which are in Bavaria.

After a lengthy battle fought by feminists, women joined the *Bundeswehr* in 1975, and since 2001, all areas of service have been open to them. As of May, 6 percent of German soldiers were female.

Some make the German army a career, becoming pilots, for example. In 1973, the *Bundeswehr* opened two universities offering a variety of curricula for officers, as well as civilians who wish to work in its

administrative service.

Former soldiers automatically become reservists. Although in Germany they have no specific obligation, they may be called upon in a national crisis or other emergency if experts in their field are needed. Anyone who thinks his fitness or health has declined drastically may furnish a physician's evaluation and request that his name be removed from the recall list for medical reasons.

As with many controversial requirements, the *Deutsch* draft has its alternative. From the inception of the *Bundeswehr*, any German youth who considered serving with a weapon in violation of his personal beliefs has had the right to be a conscientious objector. This option has become more popular over the years. In the beginning, civil service involved a longer period; now, however, both are for nine months. The law stipulates that conscientious objectors must either engage in social work, as with handicapped people or in nursing homes and hospitals, or environmental protection — restoring animal habitats, for instance.

The growing shortages for health-care personnel have caused many medical and retirement facilities to depend heavily on youths who choose to serve their country this way. A friend of mine who worked at a retirement home for the duration of his civil service said he had gained a new appreciation for the living, a better understanding of the older generation and a wonderful feeling of having made a difference in someone else's life. Certainly, an experience of this nature at such a fateful age would help any young man to find his place in the world.

*If you have ever wondered why Germans do certain things, or if you have a favorite German dish and would like to recreate it at home, e-mail you questions and comments to [martina.bias@us.army.mil](mailto:martina.bias@us.army.mil). One of your suggestions could be used for a future column.*

## Make most of bountiful berries with 'Erdbeerkuchen'

BY MARTINA BIAS

SPECIAL TO TRAINING TIMES

At this time of year, signs advertising fresh strawberries for sale along the roadsides are impossible to miss. German strawberries are especially sweet, soft and juicy — just as they should be — and need no enhancement; nevertheless, *Erdbeerkuchen*, or "strawberry cake," is a delicious treat. Its popularity is such that all regional bakeries feature it in summertime, but making it fresh at home is quite easy.

Increasingly, German housewives use as their base a ready-made *Tortenboden* or *Biskuitboden*, available at grocery stores (and many commissaries) to assemble this dessert quickly; with the following recipe, however, baking the bottom yourself is no big deal. The sponge cake is leavened with stiffly beaten egg whites, rather than a chemical agent, which makes it sufficiently dense to hold a layer of vanilla pudding as well as the fruit. This is my family's favorite version, the cool smoothness superbly

complementing the summery succulence of the berries.

German housewares stores and larger groceries stock special pans that will give you a raised edge to hold the pudding and the filling, but you may also use a springform pan. Because this batter tends to stick, even if you use cooking spray, I advise lining the pan with waxed or parchment paper.

The fruit is usually topped with a glaze, either red or clear. You can find mixes for this in the baking aisles of local stores (see details below), but this step will not be missed if you simply spread a generous layer of whipped cream on top, as most Germans do anyway.

Your *Erdbeerkuchen* will be all the more luscious made with sun-ripened strawberries you have picked from one of the numerous fields in this area. After the season has ended, other fresh fruits, such as apricots or peaches, are tasty alternatives.

*Guten Appetit!*

### *Erdbeerkuchen* (Serves 12)

#### Base

2 eggs, separated  
2 tablespoons lukewarm water  
3/4 cup confectioners' sugar  
1/4 teaspoon salt  
1/3 cup flour  
1/3 cup cornstarch  
3-ounce package cook-and-serve vanilla pudding  
2 cups milk

1 quart fresh strawberries, hulled

1 package *Tortenguss*, *rot* or *weiss* (glaze for fruit tarts, red or clear), optional

Whipped cream

Line a 10-inch springform or other round, shallow pan with parchment or waxed paper. Preheat oven to 350 F.

Beat egg whites until very stiff peaks form. Set aside.

In a large bowl, beat yolks, water, sugar

and salt until thick and foamy. Spread whites over the yolk mixture and sift flour and cornstarch over whites. Carefully fold everything into first mixture until just combined. Slowly fill lined pan with batter.

Bake for 20 minutes or until edge is lightly browned. Cool for about 15 minutes, then remove from pan to cool completely on wire rack.

Prepare pudding with milk according to package instructions. Cool slightly but do not let thicken. Pour over sponge cake (you might have some pudding left over).

Arrange strawberries in an even layer on top. Cover with a layer of whipped cream or prepare cake glaze as follows: In a small saucepan, combine mix with two tablespoons of sugar. Stir in one cup of cold water or fruit juice. Bring to a boil, stirring constantly. Boil over medium heat for one minute and cool for another minute. Spoon evenly over fruit.

Allow glaze to set before cutting. Cake should be refrigerated.



**Off post**

The annual *Ritterturnier*, or “knights’ tournament,” in Kaltenberg will feature jousting bouts, as well as fire-eaters, street performers, falconers and dancers – all clad in medieval costumes. More than 100 artists and craftsmen will sell their wares in market stalls, while merry-makers feast on freshly baked bread, roasted meats and the city’s renowned dark beer. Hours are 11 a.m. to 8 p.m. July 9, 10 and 17 and 4 p.m. to midnight July 8, 15 and 16. Tickets are 16 to 35 euros, and quantities are limited, especially for the tournaments. Dogs are not allowed. For more details, call 08015-113313 (English spoken) or visit [www.ritterturnier.de](http://www.ritterturnier.de). Transportation is also available through Information, Tickets and Reservations offices; call 475-7404, 476-2295 or 466-2060/2555.

For more German events, go to [www.100asg.army.mil/sites/news/events.asp](http://www.100asg.army.mil/sites/news/events.asp) and click on “HERE” at the end of the opening paragraph.

**Education**

The Army Small Computer Program will host the U.S. Army Europe Information Technology Conference July 12 and 13 at the Village Pavilion in Heidelberg. Presentations, workshops and exhibits in contracting, advances, policies and regulations are planned. Soldiers, civilians and Army contractors may attend at no charge. To register, go to <https://ascp.monmouth.army.mil> and click on “USAREUR.”

**Volunteers**

The Grafenwoehr Thrift Shop needs people to work Tuesdays or Thursdays, 9:30 a.m. to 2:30 p.m., for at least two hours at a time. Those who work a full shift receive up to 20 hours of paid child care each month or a 10-percent discount on purchases that day. Volunteering on a regular



**First-stringer**

Aspiring performers in Grafenwoehr and Vilseck will join those in Hohenfels to contend for top honors at the annual **Battle of the Bands and Stars of Tomorrow competitions July 30, 7 p.m., at the Community Activities Center. The event is open to adult and teenaged singers, instrumentalists, bands and variety acts who are U.S. ID cardholders. Winners will advance to the Installation Management Agency–Europe level in Katterbach, Germany, Aug. 20 and 21. For more information, call Joanne Love at 466-2340.**

File photo by Spec. Allaina Parton

basis is preferred but not required. Operated by the Grafenwoehr Community and Spouses’ Club, the thrift shop raised more than \$8,000 for local welfare grants last year. For more information, call 475-6181 during the hours given above or Darlene Fiedler at 0961-26883.

**Army Community Service**

The next Welcome to Bavaria program will be July 11 to 15 at ACS in Vilseck (transportation from Grafenwoehr can be arranged). Visit on-post agencies, learn a little German, go shopping in local towns and have lunch in a *Gasthaus*. Register by calling 476-2650.

**Arts and Crafts Centers**

**Grafenwoehr**

Children ages 8 to 12 will create flower-power necklaces July 13, 9:30 to 11 a.m. The fee is \$7.50. Register by calling 475-6101.

**Vilseck**

Fashion a jacket, hat and bib for baby from fleece July 14, 2:30 to 5:30 p.m. The fee is \$7.50, not including supplies. Call 476-2652.

**Hohenfels**

Basic framing techniques will be taught July 16, 1 to 3 p.m. The \$30 fee includes supplies. To enroll, call 466-2538.

# Go for ‘Glory,’ stay for its star

**NEA PRESS RELEASE**

Stephen Lang, star of the one-man show *Beyond Glory*, will meet theater-goers during a reception after his July 12 performance, set for 7 p.m. at the Community Activities Center in Hohenfels. The after-party will also feature giveaways of books and DVDs.

Adapted from Larry Smith’s book *Beyond Glory: Medal of Honor Heroes in their Own Words*, the 90-minute play tells the stories of eight honorees, including Adm. James Stockdale and Sen. Daniel Inouye. Parents are advised that the subject matter is not appropriate for children under 13.

Lang is famous for his portrayals of Maj. Gen. George Pickett in *Gettysburg* and Lt. Gen. Thomas “Stonewall” Jackson in *Gods and Generals*. On Broadway, he played opposite Dustin Hoffman in *Death of a Salesman* and took on the role of Col. Nathan Jessup in *A Few Good Men*. In 2004, he premiered in *Beyond Glory*, for which he wrote the script.

The tour is sponsored by the National Endowment for the Arts, and admission to the performance and the reception is free. To reserve seats, call 466-2670/2840.

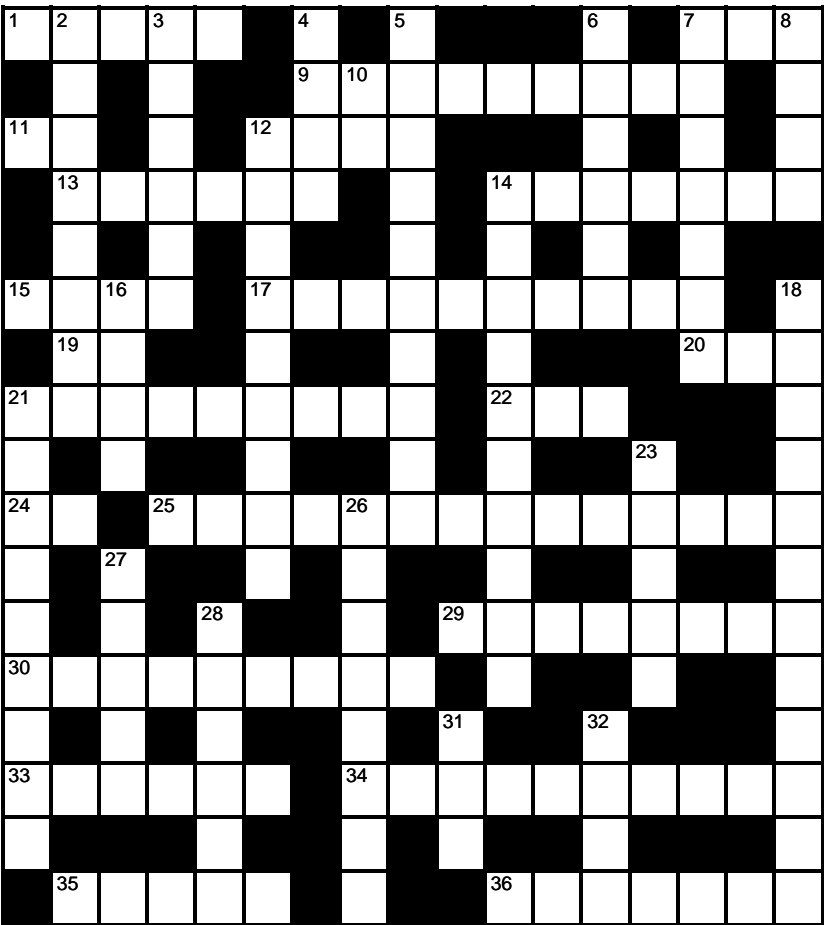
# Conquer ‘Fear’

The NBC reality-television program *Fear Factor* is seeking applicants for a military version of the show.

Those who dare should visit the Web site at [www.fearfactor.com](http://www.fearfactor.com). Click on “Now Casting” and then “Military *Fear Factor*” for further information.

# Crossword

School’s out! What better time for “a light and tumble journey from the East Side to the park, just a fine and fancy ramble to the zoo”? –*At the Zoo*, Simon and Garfunkel



- Across**

1 Brilliantly colored bony fish

7 Take in with tongue

9 Quill-covered rodent

11 Veterinarian’s title

12 For Tasmanian devils, wombats, sheep, birds, fish, insects, frogs and reptiles

13 Piebald bears

14 Ringo wanted to go to its garden

15 Of interest to ichthyologists

17 Newt

19 America home to alpacas (abbr.)

20 Lion’s lair

21 Plentifully footed arthropod

22 African antelope

24 Bovine of burden

25 Squeezes, then feasts

29 Having hooves

30 Camel

33 Wolflike

34 South American native with world’s thickest fur

35 Name means “nose”

36 Grazes on treetops
- Down**

2 Dolphin

3 Metaphorically like to laugh

4 Gorillas, e.g.

5 Mostly aquatic with two pairs of antennae

6 Quadruped, under control

7 Katharine Hepburn hunted one in *Bringing up Baby*

8 Furry feet

10 “Even the elephant carries but a small trunk \_\_\_ his journeys.” — Henry David

Thoreau

12 Kangaroo one

14 Long-armed rain-forest residents

16 Feeding the animals, for instance

18 Characterizes 97 percent of all animal species

21 Type of tears

deemed hypocritical

23 Not smooth-skinned

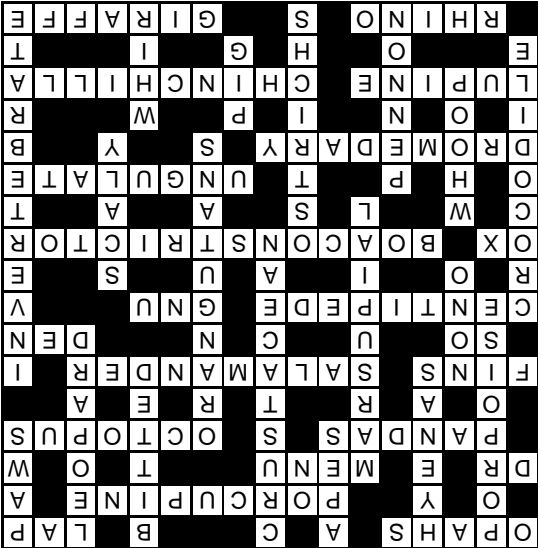
26 Big flightless birds

27 Crane’s cry

28 Wing

31 “Aardvark” Afrikaans for “earth \_\_\_”

32 Dragonflies do it





## Keep your cool when treating heat injuries

### AMERICAN RED CROSS

Every summer, thousands fall victim to heat cramps, heat exhaustion and heat stroke. If not prevented, these can quickly weaken you – or worse.

General treatment involves cooling the body, giving the victim fluids and minimizing shock, but learning the difference between the three conditions will help you know what to do if one strikes.

Heat-related illness usually comes in stages, beginning with heat cramps. These muscular pains and spasms – commonly in the abdominal muscles or the legs – are due to loss of water and salt caused by exertion. Heat cramps can be very painful. To alleviate them, stop and rest. Drink small amounts of cool water or a commercial sports drink. Gently stretch the muscle, hold it for about 20 seconds and then massage gently, repeating as necessary. If no other symptoms are present, resume activity after the cramps subside.

The next stage is heat exhaustion. Less dangerous than heat stroke, it typically occurs when people exercise or work in a warm, humid place and sweat profusely. This loss of bodily fluids decreases blood flow to the vital organs, resulting in a form of shock. Moreover, if humidity is high or clothing too thick, perspiration does not evaporate as it should, and the body will not cool properly. Signs of heat exhaustion are as follows:

- + Headache;
- + Nausea;
- + Dizziness or weakness;
- + Pale, flushed or red skin that might be hot to the touch – or still feel cool and moist; and
- + Body temperature near normal.

Treatment is similar to that for cramps. Get the sufferer to a cooler place and have him rest in a comfortable position. If he is alert, give him half a glass of cool water every 15 minutes, but do not let him drink too quickly and never give liquids containing alcohol or caffeine, which can worsen the condition. Remove or loosen tight clothing and apply cool, wet cloths, such as towels or sheets. If he refuses water, vomits or loses consciousness, phone for emergency assistance.

The final stage, heat stroke (also known as sunstroke) is life-threatening. A victim's body stops producing sweat to cool itself, and body temperature can rise so high that brain damage or death may result. Watch for these symptoms:

- + Vomiting;
- + Decreased alertness or loss of consciousness;
- + Increased body temperature, sometimes as high as 105 F;
- + Red, hot and dry skin, though it might still be moist;
- + Weak, but quickened, pulse and rapid, shallow breathing.

Heat strokes are emergencies. Call for medical assistance immediately. Move the sufferer to a cooler place and have him lie down. Try to reduce his temperature by wrapping wet sheets around the body and fanning it. If cold or ice packs are available, wrap these in cloths and place them on the neck, wrists and ankles and in the armpits to cool the large blood vessels. Do not use rubbing alcohol, which closes pores and prevents heat loss. Make sure the victim's airway is clear, watch for breathing difficulties and keep him reclined.

## Vilseck women in midst of winning season

BY KATHY JORDAN

TRAINING TIMES STAFF

The Lady Falcons softball team brought their record to four wins, two losses, by playing Stuttgart June 18. The teams split the contest, with Vilseck losing the first game, 5-10, but winning the second, 16-8.

Statistics for the opening bout were, for Vilseck, Cindy Flach, three for three; Teri Motton; two for four; and Elizabeth Martin, Bridgette Peterson and Tonia Ramer, all one

for three; Linda Poe of Stuttgart was four for four, and her teammates Kathy Harris and Anna Navarro were each two for three.

In the second matchup, stats were Motton, four for five; Kathy Jordan and Ramer, three for five; and Grace Leota, three for four. For their opponents, Burtha Lewis was three for three, Poe was one for one, and Harris was one for four.

Stats for the Grafenwoehr men's team were not available.

## Ready, aim, fire!

### U.S. Forces cleared for sport shooting

#### IMA-EUROPE PAO

Good news for hunters and trapshooters: The German government approved the U.S. Forces Hunting, Fishing and Sport Shooting Program June 8. Once an ID cardholder stationed in this country has met all requirements, he may obtain a *Waffenbesitzkarte* (WBK), or "weapons permit."

Firearms owned by U.S. personnel became subject to host-

nation laws in the 1990s. Since that time, only sportsmen who have trained and been certified for German hunting licenses have been eligible to register firearms.

After many years of coordination with various ministries, the new program aims to simplify this process for Americans by nullifying the need for a hunting license; members must still do the following, however:

- ☉ Take written and practical

examinations in safe usage;

- ☉ Obtain specialized liability insurance;

- ☉ Shoot at least 18 times per year and log each session, in accordance with German standards;

- ☉ Apply for a German weapons permit; and

- ☉ Maintain eligibility through membership, as above.

For more information, call your Outdoor Recreation Center at 475-7402, 476-2563 or 466-2060.

## Hohenfels pedals toward partnership

BY ALICE ADLER

TRAINING TIMES STAFF

More than 150 Germans and Americans gathered in Schmidmuehlen June 18 for Bike Through the Box, described by

participant Dan Hoeh as "a Volksmarch on wheels."

Like its pedestrian counterpart, the event was not a race but a cross-cultural outing to bring the military community and local

villagers together.

After speeches by Lt. Col. David Witty, 282nd Base Support Battalion commander, and *Buergermeister* Peter Braun, a local priest blessed the bicycles, and they were off.

The route took cyclists first through Emhof, then the town of Hohenfels. Reaching the installation, they continued through gate 1 and up Warrior Hill, at the top of which beverages and grilled sustenance restored them for the return ride through "the box," or training area.

"It was a mad dash back to Emhof," Hoeh reported.

The tour ended at *Gasthaus Kellmer* with more eating and drinking, as well as the raffling off of a new bicycle.

Now in its second year, the event was the brainchild of *Gasthaus* owner Ludwig Kellmer, who conceived it as an exchange of friendship between the two nations.

"It's another opportunity to get out and try to meet the local people and get some exercise," said Hoeh. "We followed a really great bike path."



Photo by Josef Popp

**Bicyclists round a curve during Bike Through the Box, a tour that encompasses local towns and the training area, June 18.**

## playtime

### Army 10-Miler

Grafenwoehr will host the Installation Management Agency-Europe's qualification 10-mile run July 16. Registration will be 6:30 to 8:30 a.m., and the event will start at 9.

All U.S. ID cardholders are eligible to enter. The top eight active-duty runners of each gender will advance to the Army 10-Miler in Washington, D.C., Oct. 2.

Register online at [www.100thasg.mwr.army.mil/srd](http://www.100thasg.mwr.army.mil/srd). For more information, call 370-7944.

### Sports legends rolling in

Ken Griffey, Sr. and Kelly Gruber will be at Bamberg July 6 with the

Youth Summer Shout Out tour.

As an outfielder for the Cincinnati Reds from 1973 to 1991, Griffey was a two-time World Series champion. He now bats for the Seattle Mariners, as does Ken Griffey, Jr., making them the first father and son to play concurrently for the same major-league team.

Gruber was with the Toronto Blue Jays when they took the world title in 1992. Twice named an All-Star, he has played for the California Angels since 1993.

The ballplayers and others, including Harlem Globetrotter Curly Neal, professional soccer player Monica Gonzalez and *tae bo* creator Billy Blanks, have been visiting

military installations since June 15.

Sponsored by IMA-E Morale, Welfare and Recreation, the second annual Shout Out will run through Aug. 21. For a complete schedule of appearances, log on to [www.mwr-europe.com](http://www.mwr-europe.com).

### New hours

Gyms in Vilseck have changed their schedules for summer.

The Rose Barracks Fitness Center is open weekdays, 5 a.m. to midnight, and weekends and holidays, 8 a.m. to midnight.

The Memorial Fitness Center is open weekdays, 6 to 9 a.m. and 3 to 8 p.m., and weekends and holidays, 1:30 to 4:30 p.m.



